

ENGLISH SAMPLE

Department of Transitional Assistance

DTA – DPC P.O. BOX 4406
TAUNTON, MA 02780-0420
SSA-COLA 2025



LAURA PALMER
C/O DALE COOPER
100 MAIN STREET
ANYTOWN, MA 11111-1111

Agency ID: 9999999
Date: 99/99/9999

For Your Information
Notice of Change to SNAP Benefit Amounts

Dear LAURA PALMER,

Because of a change in your Social Security income, on 02/07/2025, your Supplemental Nutrition Assistance Program (SNAP) benefits will go from \$105 to \$95. The new amount may also be the result of a change in your other income, expenses, or a change in the number of household members.

If you have questions, call DTA at 877-382-2363.

Your SNAP may go up if you tell us about certain costs. For example:

- If you or someone you get SNAP with is 60 or older or disabled, tell us about medical costs over \$35 per month.
- If you are working, looking for work, or in school, tell us if you have expenses for child care or the care of a disabled adult.

For more help:

- If you have children/are pregnant and have no income or low income, you may be able to get TAFDC. If you are 65 or older or disabled with no or very low income you may be able to get EAEDC. Learn more/apply: DTAConnect.com
- Legal help with an eviction: EvictionLegalHelp.org
- Rent, mortgage, and utilities: Call 2-1-1 or go to [How to Apply for RAFT | Mass.gov](https://HowtoApplyforRAFT.Mass.gov)
- Money to help pay for the internet or a computer:
 - English: <https://GetInternet.gov>
 - Spanish: <https://AccedeAlInternet.gov>
- Emergency food: Project Bread FoodSource Hotline, 800-645-8333
- Medicare costs: You may be able to save more than \$3,000 a year by applying for the Medicare Savings Program (MSP). Visit Mass.gov/MedicareSavings.

Legal Services: To ask about free legal services, call: Merrimack Valley Legal Service/Lawrence 978-687-1177.

If you disagree, you have the right to appeal. Appeal rights are included with this notice. You can also file an appeal by calling 617-348-5321. The regulation(s) used in reaching these decisions are 106 CMR: 364.500, 364.600, 366.130.

Need help because of disability? Tell us if you need help to understand or do something we ask because of a health problem or disability. This could be mental, physical, sensory, learning, intellectual, cognitive or developmental. We may be able to give you extra help or adjust a rule. This is called an accommodation. Call a Client Assistance Coordinator at 877-382-2363 for help.

This institution is an equal opportunity provider.

We must not discriminate due to race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. If you think that we have discriminated against you, contact 617-348-8555 to find out how to file a complaint.