

AN ACT RELATIVE TO INSURANCE COVERAGE FOR DOULA SERVICES

HD.2576 (Rep. Sabadosa) / SD.998 (Sen. Miranda)



Let's expand doula services to improve
health equity and lower healthcare costs
across the Commonwealth!

WHAT IS A DOULA?

Doulas are trained professionals who provide emotional, physical, and informational support and guidance during pregnancy and pregnancy loss.

WHAT WOULD THIS BILL DO?



Expand Access to Doulas:

Ensure private insurance covers doula services, without cost-sharing.



Doula Advisory Committee:

Create a Committee to build a trusting relationship between doulas and MassHealth.



Patient Rights:

Empower patients with the right to have their doula present during labor and delivery.

WHY DO WE NEED THIS BILL?

Massachusetts should join the 8 states that already require private insurance to cover doula services.

Doulas improve outcomes and save money:

- Doula care improves maternal and infant health and helps reduce racial inequities
- Doula care reduces costly and needless medical intervention

A Doula Advisory Committee would strengthen MassHealth's doula program:

- This Committee would help MassHealth and doulas build a trusting working relationship so doulas are empowered to take MassHealth clients and offer them quality services.

Patients Are Often Denied Access to Doulas:

- Massachusetts doulas rank hospital policies excluding them from attending births as one of their biggest barriers.



Questions? Email us at madoulacoalition@gmail.com