<u>Department of Transitional Assistance</u> <u>Transitional Aid to Families with Dependent Children</u> <u>Disability Supplement</u>

Do you need help to fill out the attached form? Call DTA at 1-877-382-2363. DTA can help you fill out the form.

You told DTA that you cannot work because of one or more health problems. UMASS/Disability Evaluation Services (DES) decides for DTA if you are disabled under the Transitional Aid to Families with Dependent Children program. DES will look at your medical records and other information to make this decision.

The attached form is called a "Disability Supplement". DES needs answers to the questions on this form to decide if you are disabled under DTA's rules. The form asks questions about your health problems and where you get treatment. The form also asks questions about your work history, your time in school, and what you do each day.

To get an exemption from the **TAFDC** work requirement and time limit based on your disability, you must:

- fill out the Disability Supplement and return it to: DTA Document Processing Center, P.O. Box 4406, Taunton MA 02780-0420, or fax to (617) 887-8765; and
- cooperate with DES.

If you do not do these things:

- DTA may deny your application; or
- DTA may lower your benefits.

Tell DTA right away if you need help to fill out the Disability Supplement.

Tell DTA right away if you need help to find a doctor.

TAFDC-DS (Rev. 10/2014) 02-710-1014-05

(see other side)

<u>Department of Transitional Assistance</u> <u>Transitional Aid to Families with Dependent Children</u> <u>Disability Supplement</u>

HOW TO FILL OUT THE DISABILITY SUPPLEMENT:

- Sign and date a Medical Records Release Form for each medical and mental health provider listed on page <u>3</u>, Part 2: Information about all Your Medical and Mental Health Providers. Medical and mental health providers may include doctors, nurses, psychologists, psychiatrists, therapists, nurse practitioners, physical therapists, social workers, chiropractors, hospitals, health centers, or clinics from whom you receive treatment. It is very important that you sign and date a different form for each provider. DES will return the forms to you if you do not sign and date a different form for each provider.
- Type or print clearly.
- Use a pen. Do not use a pencil.
- Fill out the form the best you can. Call DTA if you have questions or need help to fill out the form. You can also call the DES Help Line at 1-888-497-9890 for help filling out this form.
- Write down details about every medical **and** mental health problem you have.
- Mail the completed original form to: DTA Document Processing Center, P.O. Box 4406, Taunton MA 02780-0420, or fax to (617) 887-8765.

DTA will send the form to DES. DES will review the form. DES will ask for medical records from all of the doctors and other health care providers that you list on the form. DES will call you or send you a letter if it needs more information.

DES will decide your case faster if you fill out every part of the form. DES will decide your case faster if you sign and date a separate Medical Records Release Form for **each** medical and mental health provider.

<u>Disability Supplement</u>

Agency ID

Tell DTA if you need help with this form. You can also call the UMASS/Disability Evaluation Services (DES) Help Line at 1-888-497-9890.

Information about you					
Last Name	First Na	me		Middle Initial	Social Security Number
Street Address	Apartment Numb			ite	☐ Male ☐ Female
City/Town		ZIP Code		Date of Birth	
Home Telephone Number	Cell Phone Number		W	Work/Other Phone Number	
Case Name (if different)		Case Soci	al Security	v Number (ii	f different)

Fill out every section of this form. If you do not fill out every section, we may not be able to decide if you are disabled.

We may need to schedule a doctor's appointment for you. What are the best times for you to go to an appointment? Please check all the times that are best for you.

		Any time is ok		
Monday A.M.	Tuesday A.M.	Wednesday A.M.	Thursday A.M.	Friday A.M.
Monday P.M.	Tuesday P.M.	Wednesday P.M.	Thursday P.M.	Friday P.M.

Did you apply for Social Security or SSI/S	SDI benefits? 🗌 Yes 🗌 No
If yes, did you see a doctor for an exam?	Doctor's Name:
]	Date of exam://

Have you ever experienced domestic violence?	Yes	🗌 No
If yes, are you working with a domestic violence specialist?	Yes	No No
Please tell us the person's name and phone number:		

Part 1. Your Health Problems

List and describe all your medical and mental health problems. Write down everything that makes it hard for you to work. Write down details about a problem even if you do not get treatment or take medicine for the problem.

List your medical and/or mental health problems.	Describe the symptoms or pain related to each health problem.	Date when problem started.	Medications
Depression EXAMPLE	Very tired all the time. Hard to get out of bed in the morning. I cry a lot during the day. I can't control when I cry.	April 2007	None
Back pain EXAMPLE	Pain starts in my lower back and goes down my leg	June 2002	Skelexin

Did any of your health problems start because of an accident or injury?	
If yes, please explain:	

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Yes 🗌 No

Part 2. Information about all your Medical and Mental Health Providers

Did you get any health care in the past year? Yes No

Please list every doctor, nurse, psychologist, psychiatrist, therapist, nurse practitioner, physical therapist, social worker, chiropractor, hospital, health center, or clinic that treated you for any of your health problems since they started. If you cannot remember them all, do the best you can. You can write on a separate piece of paper if you run out of space.

Name of Doctor, Nurse, Psychologist, Psychiatrist, Therapist, Nurse Practitioner, Physical Therapist, Social Worker, Chiropractor, Hospital, Health Center, or Clinic	Reason for Visit	Was this visit in the past year?
		Yes No

Please fill out a Medical Records Release Form for each doctor, nurse, psychologist, psychiatrist, therapist, nurse practitioner, physical therapist, social worker, chiropractor, hospital, health center, or clinic on this list. Be sure to sign and date each form.

These Medical Records Release Forms are at the end of this form.

Part 3. Where You Live

 Where do you live? (Check one.)

 House or apartment

 Homeless

 Group Home

 State Facility

Other (describe)

Rehabilitation Hospital

Nursing Home

Agency ID_____

Part 4. What You Can Do

Are you:						
Right Handed? Left Handed?						
Do your medical or mental health problems make it hard for you to do any of the following things?						
	If Yes, check here	If yes, please explain:				
Dress and bathe EXAMPLE	√	My shoulder pain makes it hard for me to lift my arm over my head. This makes it hard to put on shirts or wash my hair.				
Do regular housework EXAMPLE	~	When I am depressed, I don't care if my house is clean.				
Sit						
Stand						
Walk						
Bend						
Reach						
Lift						
Remember						
See						
Hear						
Use your hands						
Dress and bathe						
Do regular housework						
Listen to music						
Watch TV						
Use a computer						
Read						
Talk on the phone						
Arts and Crafts						
Go outside						
Go for a walk						
Get from one place to another						
Go shopping						
Go to the doctor						
Visit friends and family						

Part 4. What You Can Do (continued)

Do your medical or menta	Do your medical or mental health problems make it hard for you to do any of the following things?				
	If Yes, check here	If yes, please explain:			
Go out to eat					
Go to school					
Handle money					
Use an ATM					
Drive a car					
Take a bus or train					
Play sports					
Other (describe)					

Part 5. Your Language

Do you speak English?	Yes No Limited
Do you understand English?	Yes No Limited
Do you read English?	Yes No Limited
Do you write English?	Yes No Limited
What is your first language?	
Can you read in your first language?	Yes No Limited
Can you write in your first language?	Yes No Limited

Part 6. School

1. Check the highest grade of school you finished.									
0	1	2	3	4	5	6	7	8	
9	10	11	12	GED	13	14	15	16	17+

What year did you finish this grade?	
Where did you go to school?	
Did you repeat any grades?	Yes No
Were you in special education?	Yes No Not sure
Did you finish more than 12 years of school?	Yes No
If yes, please list your degree and major:	

Agency ID_____

Disability Supplement

Did you get any other traini	ng?	Yes No				
If yes, please fill out the sections below.						
Type of Training	Year	Finished	Certified/Licensed?			
Building Trades		Yes No	Yes No			
Electronics		Yes No	Yes No			
Cooking		Yes No	Yes No			
Auto Mechanic		Yes No	Yes No			
Computers		Yes No	Yes No			
Hairdressing		Yes No	Yes No			
Cosmetology		Yes No	Yes No			
Nurse's Aide		Yes No	Yes No			
Secretarial		Yes No	Yes No			
Other (describe)		Yes No	Yes No			

Part 7. Your Work

Do you work now?	Yes No
If no, when did you stop working?	Date://

Did any of your medical or mental health conditions cause problems at work?	🗌 Yes 🗌 No
If yes, explain:	

Agency ID_

Disability Supplement

List all your jobs from the last 15 years. Do the best that you can. If you do not know the exact dates, write your best guess. Start with the job you have now or your last job. Add a piece of paper if you need more space. You can attach a resume if you have one. To help you complete this part we included an example below. **Example**:

Job Title	Dates Worked	
Packer	From (Month/Year): March 2004	To (Month/Year): May 2005
Job Duties (List everything you	ı did):	
Put three golf balls into a small box. Packed 24 small boxes into a case. Sealed the case with packin tape. Loaded cases onto a platform.		
How many hours did	How much did	Reason for leaving:
you work each week? 40	you make an hour? \$9.00/hour	Moved

Job Title	Dates Worked	
	From (Month/Year):	To (Month/Year):
Job Duties (List everything you	did):	
How many hours did	How much did	Reason for leaving:
you work each week?	you make an hour?	

Job Title	Dates Worked			
	From (Month/Year):	To (Month/Year):		
Job Duties (List everything you	did):			
How many hours did	How much did	Reason for leaving:		
you work each week?	you make an hour?			

Job Title	Dates Worked	
	From (Month/Year):	To (Month/Year):
Lab Duties (List eventhing you	J: J).	
Job Duties (List everything you		
How many hours did	How much did	Reason for leaving:
you work each week?	you make an hour?	

Job Title	Dates Worked	
	From (Month/Year):	To (Month/Year):
Job Duties (List everything you	did):	
How many hours did	How much did	Reason for leaving:
you work each week?	you make an hour?	

Job Title	Dates Worked				
	From (Month/Year):	To (Month/Year):			
Job Duties (List everything you	did):				
How many hours did	How much did	Reason for leaving:			
you work each week?	you make an hour?				

Check each of the things you do in your job. If you do not work, check each thing you did in your last job.						
Doing paperwork	Using a computer	Assembling	Operating machines			
Filing	Serving people	Counting & packing	Construction			
Using phone	Driving a car or truck	Moving things	Cleaning			
Using office machines	Using cash register	Driving forklift	Using power tools			
Other (please describe)		Using hand tools				

Circle the number of hours you do each thing in your job. If you do not work, circle the number of hours you did each thing in your last job.

Activity				Ho	urs in a I	Day			
Walk or stand	0	1	2	3	4	5	6	7	8
Sit	0	1	2	3	4	5	6	7	8
Reach	0	1	2	3	4	5	6	7	8

Check the weight you lift or carry most:	Check the heaviest weight you lift:
Less than 10 lbs.	Less than 10 lbs.
10 lbs.	10 lbs.
20 lbs.	20 lbs.
25 lbs.	25 lbs.
50 lbs.	50 lbs.
100 lbs.	100 lbs.
More than 100 lbs.	More than 100 lbs.

Part 8. Your Comments

Use this space to write more information needed, including information about why you cannot work.

Agency ID_____

Date

Disability Supplement

Part 9. Help with This Form

Did you need help to fill out this form?	Yes	No
If yes, why did you need help?		

Part 10. Your Signature

THIS SECTION MUST BE COMPLETED.

Signature of Applicant/Client/Guardian

If this form is being filled out by someone with the legal authority to act on behalf of the applicant/client or a legal guardian, give us the following information:

Signature of person filling out this form:

Print name: _____

Authority of person filling out this form on behalf of the applicant/client:

Part 11. Your Permission to Share Information

besides your health care providers? (For example: relative, friend, legal representative.) DES may send copies of notices to this person. This does not authorize release of		Yes	∐ No
medical records.			
If yes, person's name:	Relationship to you:		
Address:	Phone number(s):		
Signature of Applicant or Client	Date		

For Office Use Only DTA Comments and Signature		
Authorized Signature		Date

Sign this form to let your medical or mental health care provider share information with UMASS/Disability Evaluation Services (DES).

HOW TO FILL OUT THIS FORM

Your medical or mental health care provider will only send medical records to UMASS/Disability Evaluation Services if you fill out the form right. Follow these steps:

- 1. Fill out a separate Medical Records Release Form for each medical or mental health care provider. A medical provider is a doctor, nurse, nurse practitioner, physical therapist, social worker, chiropractor, hospital, health center or clinic from whom you receive treatment. A mental health care provider is a psychologist, psychiatrist or therapist.
- 2. Fill out every section of the form. DES can only get your medical information if you fill out every section. DES will decide your case without the information if DES cannot get it.
- **3.** Sign and date the form with a pen. Do not sign with a pencil. Sign the form yourself. You cannot use a copy or stamp of your signature.

SECTION I

Your Name and Address

Print name of applicant/client:	Telephone Number:	()
Street address:		Date of birth:
City/Town	State:	ZIP:

SECTION II

Health Care Provider's Name and Address

Name of doctor, nurse, psychologist, psychiatrist, therapist, nurse practitioner, physical therapist, social worker, chiropractor, hospital, health center or clinic from whom you receive treatment:

Street address:

City/Town

State:

ZIP:

Telephone Number: ()

I allow the medical or mental health care provider listed in Section II to share with DTA and Disability Evaluation Services (DES):

- my medical records;
- other information about my time in a hospital; and
- other information about any of my medical care.

I allow the medical or mental health care provider to share all information about my health. This includes information about:

- my mental health;
- my AIDS/HIV status;
- drug and alcohol abuse;
- how my health problems affect my ability to work; and
- how my health problems affect what I do every day.

✓ Check here if you do NOT allow the medical or mental health care provider to share your AIDS/HIV status:

SECTION IV

Any medical information that the health care provider releases to DTA and the Disability Evaluation Service will continue to be protected by federal privacy laws.

I understand that I can cancel this permission at any time. I can cancel this permission by sending a letter to my medical or mental health care provider. I understand that this permission ends six months from the date I sign this Medical Records Release Form, if I do not cancel it before then.

I understand that my medical or mental health care provider may send information to DTA and DES before I cancel my permission. I understand that my medical or mental health care provider cannot get the information back after sending it.

I understand that it is my choice to let my medical or mental health care provider share medical information with DTA and DES. I do not have to give permission. I also understand that DTA and DES will decide about my disability without the information if I do not let my medical or mental health care provider share it.

SECTION V

Signature of applicant/client:

Date:

If the person signing this form has legal authority to act for the applicant/client (such as a legal guardian), give us the following information:

Signature of person completing this form:	
Printed name:	Date:
What kind of authority do you have to sign for the applicant/client?	

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- other information about any of my medical care.

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SECTION V

Signature of applicant/client:

Date:

If the person signing this form has legal authority to act for the applicant/client (such as a legal guardian), give us the following information:

Signature of person completing this form:		
Printed name:	Date:	
What kind of authority do you have to sign for the applicant/client?		

MRRF (Rev. 10/2014) TAFDC-DS (Rev. 10/2014)

Social Securi	ity Adminis	tration
Consent for	Release of	Information

Instructions for Using this Form

Complete this form only if you want us to give information or records about you, a minor, or a legally incompetent adult, to an individual or group (for example, a doctor or an insurance company). If you are the natural or adoptive parent or legal guardian, acting on behalf of a minor, you may complete this form to release only the minor's non-medical records. If you are requesting information for a purpose not directly related to the administration of any program under the Social Security Act, a fee may be charged.

NOTE: Do not use this form to:

- Request us to release the medical records of a minor. Instead, contact your local office by calling 1-800-772-1213 (TTY-1-800-325-0778), or
- Request information about your earnings or employment history. Instead, complete form SSA-7050-F4 at any Social Security office or online at <u>www.ssa.gov/online/ssa-7050.pdf</u>.

How to Complete this Form

We will not honor this form unless all required fields are completed. An asterisk (*) indicates a required field. Also, we will not honor blanket requests for "all records" or the "entire file." You must specify the information you are requesting and you must sign and date this form.

- Fill in your name, date of birth, and social security number or the name, date of birth, and social security number of the person to whom the information applies.
- Fill in the name and address of the individual (or organization) to whom you want us to release your information.
- Indicate the reason you are requesting us to disclose the information.
- Check the box(es) next to the type(s) of information you want us to release including the date ranges, if applicable.
- You, the parent or legal guardian acting on behalf of a minor, or the legal guardian of a legally incompetent adult, must sign and date this form and provide a daytime phone number where you can be reached.
- If you are not the person whose information is requested, state your relationship to that person. We may require proof of

relationship.

PRIVACY ACT STATEMENT

Section 205(a) of the Social Security Act, as amended, authorizes us to collect the information requested on this form. The information you provide will be used to respond to your request for SSA records information or process your request when we release your records to a third party. You do not have to provide the requested information. Your response is voluntary; however, we cannot honor your request to release information or records about you to another person or organization without your consent.

We rarely use the information provided on this form for any purpose other than to respond to requests for SSA records information. However, in accordance with 5 U.S.C. § 552a(b) of the Privacy Act, we may disclose the information provided on this form in accordance with approved routine uses, which include but are not limited to the following: 1. To enable an agency or third party to assist Social Security in establishing rights to Social Security benefits and/or coverage; 2. To make determinations for eligibility in similar health and income maintenance programs at the Federal, State, and local level; 3. To comply with Federal laws requiring the disclosure of the information from our records; and, 4. To facilitate statistical research, audit, or investigative activities necessary to assure the integrity of SSA programs.

We may also use the information you provide when we match records by computer. Computer matching programs compare our records with those of other Federal, State, or local government agencies. Information from these matching programs can be used to establish or verify a person's eligibility for Federally-funded or administered benefit programs and for repayment of payments or delinquent debts under these programs.

Additional information regarding this form, routine uses of information, and other Social Security programs are available from our Internet website at <u>www.socialsecurity.gov</u> or at your local Social Security office.

PAPERWORK REDUCTION ACT STATEMENT

This information collection meets the requirements of 44 U.S.C. § 3507, as amended by section 2 of the Paperwork <u>Reduction Act of 1995</u>. You do not need to answer these questions unless we display a valid Office of Management and Budget control number. We estimate that it will take about 3 minutes to read the instructions, gather the facts, and answer the questions. **SEND OR BRING THE COMPLETED FORM TO YOUR LOCAL SOCIAL SECURITY OFFICE**. You can find your local Social Security office through SSA's website at <u>www.socialsecurity.gov</u>. Offices are also listed under U.S. Government agencies in your telephone directory or you may call 1-800-772-1213 (TTY 1-800-325-0778). You may send comments on our time estimate above to: SSA, 6401 Security Blvd., Baltimore, MD 21235-6401. Send <u>only</u> comments relating to our time estimate to this address, not the completed form.

Social Security	Administration
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Consent for Release of Information

SSA will not honor this form unless all required fields have been completed (*signifies required field).

TO: Social Security Administration

*Name	*Date of Birth	*Social Security Number
I authorize the Social Security	y Administration to release inforr	mation or records about me to:
*NAME	*ADDRESS	
UMass Medical School	PO Box 2795 W	orcester, MA 01613-9938
Disability Evaluation Services		
*I want this information release		
There may be a charge for releasing info	ormation.	
	g information selected from the li , SSA will not disclose records unless applic	
Social Security Number		
Current monthly Social S	Security benefit amount	
Current monthly Suppler	nental Security Income payment amo	bunt
My benefit/payment am	ounts fromto	
My Medicare entitlement	fromto	

If you want SSA to release a minor's medical records, do not use this form but instead contact your local SSA office.

 X
 Complete medical records from my claims folder(s)
 SSA office.
 SSA office.

Medical records from my claims folder(s) from

Other record(s) from my file (e.g. applications, questionnaires, consultative examination reports, determinations, etc.)

to

I am the individual to whom the requested information/record applies, or the parent or legal guardian of a minor, or the legal guardian of a legally incompetent adult. I declare under penalty of perjury in accordance with 28 C.F.R. § 16.41(d)(2004) that I have examined all the information on this form, and on any accompanying statements or forms, and it is true and correct to the best of my knowledge. I understand that anyone who knowingly or willfully seeking or obtaining access to records about another person under false pretenses is punishable by a fine of up to \$5,000. I also understand that any applicable fees must be paid by me.

*Signature:	*Date:	
Relationship (if not the individual):	*Daytime Phone:	
	N	