



**Commonwealth of Massachusetts**  
 Executive Office of Health and Human Services  
**Department of Transitional Assistance**  
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 Commissioner

**Field Operations Memo 2004-22**  
**May 21, 2004**

**To:** Transitional Assistance Office Staff  
**From:**  Cescia Derderian, Assistant Commissioner for Field Operations  
**Re:** Food Stamp Work Requirements Medical Report

**Overview**

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USDA recently clarified that individuals claiming an exemption from the Food Stamp Work Requirement due to being *unfit for work* in accordance with 106 CMR 362.310(B)(3) and 106 CMR 362.320(B)(4), need not prove a disability. For Food Stamp Work Requirements purposes, *Unfit for Work* means, the individual has a physical or mental illness or impairment that reduces his or her ability to financially support him or herself. An AU Manager can make such a determination if it is “obvious” to the AU Manager that the individual is *unfit for work*. For example, a recent amputee who is recovering from surgery may be deemed *unfit for work*.

In addition, outreach discussion with shelters for the homeless and advocate groups have revealed that the current food stamp medical form does not adequately address the issue of being *unfit for work*. The revised form is now able to document a disability as well as *unfit for work*.

**Purpose of Memo**

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This memo transmits the new Food Stamp Work Requirements Medical Form (FSPWR-MED 5/2004) and provides instructions for using the form. See *Attachment A*.

**Unfit for Work as a FS Work Program or a FS ET Exemption**

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The Food Stamp Work Requirement Medical Form may be used to verify that a food stamp applicant/recipient is *unfit for work* due to one or more of the following situations:

- pregnancy;
  - participation in a vocation or rehabilitation program;
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**Unfit for Work as  
a FS Work  
Program or a  
FS ET Exemption  
(Continued)**

- participation in mental health counseling;
- participation in a drug or alcohol treatment program; and
- a mental or physical illness which reduces the individual's ability to financially support him or herself.

**Note: An individual who is FS Work Program required or FS/ET required may also verify that he or she is *unfit for work* using a letter or form from a competent medical authority or facility providing services.**

The new Food Stamp Work Requirements Medical Report will be distributed to homeless shelters, community agencies and outreach partners throughout the Commonwealth. TAO staff must make the form available to an individual claiming a Work Requirement exemption for a mental or physical illness, disability (temporary or permanent), which results in the individual being *unfit for work* and encourage him or her to have this form completed.

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**Obsolete**

The *FS-MED (revised 3/97)* form is now obsolete.

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**Questions**

If you have any questions, please have your Hotline designee call the Policy Hotline at 617-348-8478.

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